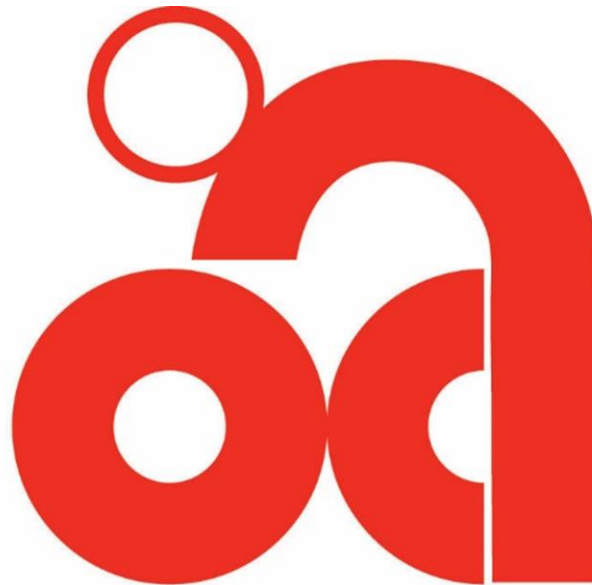


**Club “Try-Out”  
Information and Application  
Package**



**Affiliated Cycling Club**

[www.ontariocycling.org](http://www.ontariocycling.org)

## Club Try-Out Program

The Ontario Cycling Association (OCA) is pleased to announce that we will be working with clubs to host *Try-Out* opportunities for non-members\*. This program is designed to help clubs recruit new members by providing them an opportunity to market days where non-members may participate at the club on a trial basis. The program is open to all members of the public under the following procedure:

1. Clubs must apply to be part of this program. The application is due a minimum of one week in advance and will indicate when the club will host ride opportunities under the supervision of an experienced ride leader in accordance with the club's ride policy\*\*.
2. Competitive activities are not currently allowed under the Club Try-Out Program.
3. Clubs will be able to hold a **maximum of three (3)** Try-Out opportunities per month.
4. An individual may only attend a Try-Out opportunity **once**. After this they must become a member of the OCA and the club to participate in any further activities.
5. All participants must fill out an OCA waiver and the individual information on the sign on sheet (found on page 4). Clubs must provide copies to the OCA **within 7 days** of any Try-Out. Full Information must be collected for each individual.

**For those under 18, the Informed Consent, Indemnity and Assumption of Risk Agreement MUST be signed by both a parent/guardian as well as the participant.**

\* Previous OCA members cannot take part in the program. These Try-Out opportunities are not presently available to BMX tracks.

\*\*Clubs are expected to provide the appropriate level of training for the level of the individual who is taking the Try-Out opportunity.

**Any individual or club found to be abusing the program will have their membership with the Ontario Cycling Association revoked.**

For More Info:      Email: [support@ontariocycling.org](mailto:support@ontariocycling.org)      Phone 416-855-1717

# Application to Participate in the Club Try-Out Program

To be filled out by applicant club

Club Name: \_\_\_\_\_

Please provide dates and locations where the club will run Try-Out days and who will be the supervising coach of each session:

Date	Location	Supervising Ride Leader(s)

**Declaration of club:**

I confirm that our club would like to participate in the OCA’s *Club Try-Out* Program. The club agrees to the procedures involved in participating in this program, and will provide the requested documentation to be part of the program under the guidelines described.

President’s Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date (mm/dd/yyyy): \_\_\_\_\_

## 2018 Club Try-Out Tracking Form

Date	Participants Name	Address	Phone	Email


**I confirm that all individuals listed above participated in the *Try-Out* Program and have signed the appropriate waiver form.**

President's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**CANADIAN CYCLING ASSOCIATION**  
**INFORMED CONSENT, INDEMNITY and ASSUMPTION of RISK AGREEMENT**  
*(FOR THOSE UNDER THE AGE OF MAJORITY i.e. under 18 in Alberta, Manitoba,  
Ontario, P.E.I., Quebec, Saskatchewan and under 19 in other Provinces and Territories)*

**WARNING!**

**By signing this document you will waive certain legal rights, including the right to sue in circumstances outlined in this Agreement . Please read carefully.**

Participant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. This is a binding legal agreement; therefore clarify any questions or concerns **before** signing. As a Participant in the sport of cycling and/or the events, programs, races and activities organized, operated, conducted and/or sanctioned by the Canadian Cycling Association (operating as Cycling Canada) **and** Ontario Cycling Association **and** its member clubs, the undersigned, being the Participant **and** the Parent/Guardian of the Participant (each a "Party" and collectively the "Parties") acknowledge and agree to the following terms:
2. The Canadian Cycling Association (operating as Cycling Canada) **and** Ontario Cycling Association **and** its member clubs, and their respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives (collectively the "Organization") is not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Party during, or as a result of, the sport of cycling, and any program, activity or event of the Organization, caused by the risks, dangers and hazards associated with the sport of cycling, and the programs, activities and events of the Organization.
3. The Participant is participating voluntarily in the sport of cycling and the activities, events and programs of the Organization. In consideration of participation in the sport of cycling and the programs, activities and events of the Organization, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the sport of cycling and the programs, activities and events of the Organization and that the Parties may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from: a) The sport of cycling including: Road, Track, Mountain Bike, BMX and Cyclocross; b) Executing strenuous and demanding physical techniques in cycling and/or exerting and stretching various muscle groups; c) Vigorous physical exertion, rapid movements, quick turns and stops, and strenuous cardiovascular workouts; d) Mounting, dismounting or falling off a bicycle; e) Falling, tumbling or hitting any ground, surface, concrete, road, track or other surfaces; f) Physical contact with other participants (including those engaged in the programs, activities and events support); g) Failure to properly use any equipment, the mechanical failure of any piece of equipment or inadequate safety equipment, improper maintenance or adjustment of equipment; h) Contact, collisions or being struck by other participants, pedestrians, fixed objects, spectators, equipment or vehicles; i) Road conditions, terrains and vehicular traffic while cycling; j) Failure to stay within the designated course area; k) Extreme weather and temperature conditions which may result in dehydration, heatstroke, sunstroke or hypothermia; l) Spinal cord injuries which may render the Participant permanently paralyzed; and/or m) Travel to and from events.
4. Furthermore, the Parties are aware: A) That injuries sustained can be severe; B) That the Participant may experience anxiety while challenging himself or herself during the sport of cycling and the activities, events and programs; C) That the Participant's risk of injury is reduced if he or she follow all rules established for participation; and D) That the Participant's risk of injury increases as he or she becomes fatigued.
5. In consideration of the Organization allowing the Participant to participate, the Parties agree:
  - a) That the Participant's physical condition has been verified by a medical doctor to participate in the sport of cycling and the activities, events and programs of the Organization;
  - b) That the Parties have assessed the Participant's ability to participate appropriately and safely in the sport of cycling and the activities, events and programs of the Organization;
  - c) That the rules of participation must be followed and that the sole responsibility for the Participant's safety remains with the Parties, including physical and emotional preparation and fitness;
  - d) To remove the Participant if they sense or observe any unusual hazard or unsafe condition; or if Participant feels unable or unfit to safely continue;
  - e) To ASSUME all risks arising out of, associated with or related to my participation;
  - f) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization; and
  - g) To FOREVER RELEASE the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I may have or may in the future, that might arise out of, result from, or relate to my participation in the sport of cycling, my presence at any venue, the events, activities or programs of the Organization, and/or my traveling to or from the events, activities or programs of the Organization, and/or from any breach of contract.
6. I (Parent/Guardian) hereby indemnify and hold harmless the Organization from any and all damages or losses of any kind as a result of any and all claims, demands, causes of action of any kind whatsoever including those involving negligence on the part of the Organization that may be made or initiated by, or on behalf of the Participant, arising out of or connected with the Participant's preparation for or participation in, or both, or travel to or from any of the activities, events and programs of the Organization.
7. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this agreement is to be binding upon themselves, their heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

**[By signing below, you agree to be bound this Agreement.]**

\_\_\_\_\_  
Name of Participant (Please Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Name of Parent/Guardian (Please Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

**CANADIAN CYCLING ASSOCIATION  
WAIVER, RELEASE and ASSUMPTION of RISK AGREEMENT**

*(FOR ADULTS OVER THE AGE OF MAJORITY i.e. over 18 in Alberta, Manitoba,  
Ontario, P.E.I., Quebec, Saskatchewan and over 19 in other Provinces and Territories)*

**WARNING!**

**By signing this document you will waive certain legal rights, including the right to sue in circumstances outlined in this Agreement . Please read carefully.**

1. This is a binding legal agreement; therefore clarify any questions or concerns **before** signing. As a Participant in the sport of cycling and/or the events, programs, races and activities organized, operated, conducted and/or sanctioned by the Canadian Cycling Association (operating as Cycling Canada) **and** Ontario Cycling Association and its member clubs, the undersigned being the Participant acknowledges and agrees to the following terms:
2. The Canadian Cycling Association (operating as Cycling Canada) **and** Ontario Cycling Association and its member clubs, and their respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives (collectively the "Organization") is not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the sport of cycling and any program, activity or event of the Organization, caused by the risks, dangers and hazards associated with the sport of cycling, and the programs, activities and events of the Organization, or caused in any manner by the Organization, including without limiting the foregoing, by the negligence of the Organization.
3. I am participating voluntarily in the sport of cycling and the activities, events and programs of the Organization. In consideration of my participation in the sport of cycling and the programs, activities and events of the Organization, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the sport of cycling and the programs, activities and events of the Organization and that I may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
  - a) The sport of cycling including: Road, Track, Mountain Bike, BMX and Cyclocross;
  - b) Executing strenuous and demanding physical techniques in cycling and/or exerting and stretching various muscle groups;
  - c) Vigorous physical exertion, rapid movements, quick turns and stops, and strenuous cardiovascular workouts;
  - d) Mounting, dismounting or falling off a bicycle;
  - e) Falling, tumbling or hitting any ground, surface, concrete, road, track or other surfaces;
  - f) Physical contact with other participants (including those engaged in the programs, activities and events support);
  - g) Failure to properly use any equipment, the mechanical failure of any piece of equipment or inadequate safety equipment, improper maintenance or adjustment of equipment;
  - h) Contact, collisions or being struck by other participants, pedestrians, fixed objects, spectators, equipment or vehicles;
  - i) Road conditions, terrains and vehicular traffic while cycling;
  - j) Failure to stay within the designated course area;
  - k) Extreme weather and temperature conditions which may result in dehydration, heatstroke, sunstroke or hypothermia;
  - l) Spinal cord injuries which may render me permanently paralyzed; and/or
  - m) Travel to and from events.
4. Furthermore, I am aware:
  - a) That injuries sustained can be severe;
  - b) That I may experience anxiety while challenging myself during the sport of cycling and the activities, events and programs;
  - c) That my risk of injury is reduced if I follow all rules established for participation; and
  - d) That my risk of injury increases as I become fatigued.
5. In consideration of the Organization allowing me to participate, I agree:
  - a) That my physical condition has been verified by a medical doctor to participate in the sport of cycling and in the activities, events and programs of the Organization;
  - b) That the rules of participation must be followed and that the sole responsibility for my safety remains with me, including physical and emotional preparation and fitness;
  - c) To discontinue participation if I sense or observe any unusual hazard or unsafe condition; or feel unable or unfit to safely continue;
  - d) To ASSUME all risks arising out of, associated with or related to my participation;
  - e) To WAIVE any and all claims that I may have now or in the future against the Organization;
  - f) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization; and
  - g) To FOREVER RELEASE the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I may have or may in the future, that might arise out of, result from, or relate to my participation in the sport of cycling, my presence at any venue, the events, activities or programs of the Organization, and/or my traveling to or from the events, activities or programs of the Organization, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any duty of care of the Organization.
6. I acknowledge that I have read this agreement and understand it, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

**[By signing below, you agree to be bound this Agreement.]**

\_\_\_\_\_  
Name of Participant (Please Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Signature of Participant

4401639.2

Club Name: \_\_\_\_\_