



2018 KCC Spring CAN BIKE Course

May 26-27 Lindsay Ontario

Can-Bike instructors with the Kawartha Cycling Club are offering the Can Bike Level 4 course May 26-27 from Lindsay Ontario. **The course will be from 9 to 5 pm both days with the exact location communicated prior to the event.** The cost of the course (to cover Instructors expenses, materials and event insurance) is \$40 for Club members and \$80 for non-members payable at the start of the course.

You may consider yourself a good rider, but the CAN BIKE course can offer opportunities to improve your skills, provide knowledge of your bike's maintenance needs, and give you the knowledge to assert yourself riding safely and confidently in a variety of both rural and urban traffic situations.

This advanced course is designed for cyclists who have some experience and want to increase their abilities and their knowledge of how to ride effectively through all forms of infrastructure.

* Students should have demonstrated their ability/skills to the instructor on the first day of class. An online requirement must be completed ahead of time and presented to the instructor.

** This course is also the prerequisite to the Level 5-Instructor Training course. The individual must inform the instructor of their intent on the first day and will then be required to complete and pass both the written and practical tests at the end of Level 4, to be recommended to Level 5. Anyone not wishing to take the Instructor Training, is not required to complete the Level 4 tests.

If you are interested please contact the Club at admin@kawarthacyclingclub.com by May 18, 2018.

For more information on the course visit <http://canbikecanada.ca/courses/>