



## **KAWARTHA CYCLING CLUB RISK MANAGEMENT POLICIES**

The Kawartha Cycling Club (KCC) is a volunteer based non-profit organization that focuses on all aspects of cycling and encourages member social interaction. The Club endeavours to make all rides as safe as possible and to help achieve this, the Club has developed the following Risk Management Policies that are required to be followed by all who ride with us.

### **General Policy Applicable to all Rides**

- 1 All riders must be a member of the KCC, another OCA affiliated club or a try-a-ride participant who has completed the waiver form.
- 2 Approved cycling helmets shall be worn at all times
- 3 Each individual will conduct themselves in a responsible manner and is accountable for their own actions
- 4 Riders must adhere to and obey all rules of the road as per the Highway Traffic Act (Ontario).
- 5 Riders are responsible for ensuring that their bicycles are in good working order and carry appropriate repair supplies.
- 6 Riders are to ensure their own hydration and nutrition.
- 7 Riders should carry identification and emergency contact information.
- 8 Riders who witness an incident involving injury and/or property damage involving a member of the ride are responsible for reporting the incident to the Ride Coordinator and/or Club Executive a.s.a.p.
- 9 The Ride Coordinator, in conjunction with the involved and witness riders, will report to the Club Executive any incident involving first or third party injuries and /or property damage. The Executive, once notified, will be responsible for ensuring OCA accident report form is completed and filed in both Club records and the Ontario Cycling Association (OCA).
- 10 Personal Listening Devices (mp3 players, iPods, Bluetooth ear buds, headphones, etc.) are not allowed on any KCC rides.

### **Group Rides Specific Additional Policy**

- 11 Ride routes will be selected to avoid busy and /or dangerous roads if at all possible.

12 The Club recommends at least one person in each ride group carry a cell phone in case of emergency.

13 All non-competitive events will have a designated Ride Coordinator. If the originally designated Ride Coordinator is unable to attend a specific ride, the Club recommends the group designate one of their number to act in this capacity before the ride begins.

14 Prior to each ride the designated Ride Coordinator should review the cycling route and address any concerns they have on this route.

15 On relaxed touring rides, Ride Coordinators are encouraged to nominate an experienced cyclist as a "Sweep". The Sweep shall cycle last in the group and shall provide help and support to members as required.

16 KCC. holds a great variety of events which should be suitable for most levels of riders. We do not expect new members to be expert cyclists, but we would like to encourage all members to develop their skills and emphasize that adherence to the safe riding practices discussed in this document is essential for all members.

Approved \_\_\_\_\_  
Andrew Staneland, President

Revised Jan. 2016